

2022 DENTAL SLEEP MEDICINE MINI-RESIDENCY

JUPITER, FL
4 Sessions | 64 CE



**GAIN THE KNOWLEDGE AND HANDS-ON SKILLS TO IMPLEMENT DENTAL SLEEP MEDICINE
AND AIRWAY TREATMENT INTO YOUR DENTAL PRACTICE**

OVERVIEW

Session 1 | July 29-30

Session 2 | September 30-Oct. 1

Session 3 | November 4-5

Session 4 | December 9-10

This 4-session, 64 CE credit program is a comprehensive educational experience for **implementing airway and sleep apnea treatment** into a dental practice.

Learn from leading educators in dental sleep medicine, including Dr. Michael Gelb, DDS, Steve Lamberg, DDS, Dr. Anjoo Ely, DDS, Rose Nierman, and our guest faculty of physician specialists.

With an **emphasis on hands-on and practical integration**, you will gain the skills, knowledge, and blueprints needed to incorporate sleep apnea treatment into a dental practice successfully.



LIMITED TO 20
PARTICIPANTS



HANDS-ON EXAM
WORKFLOWS



RECEIVE 2 CUSTOM
APPLIANCES



EVIDENCE-BASED
LITERATURE
DISCUSSIONS



MULTI-
DISCIPLINARY
FACULTY



PEDIATRIC AIRWAY &
MYOFUNCTIONAL
THERAPY



TMD FOR DENTAL
SLEEP MEDICINE



COMPREHENSIVE
TREATMENT STRATEGY



MEDICAL BILLING
FOR SLEEP APNEA

**FRIDAY-SATURDAY
JULY 29-30**

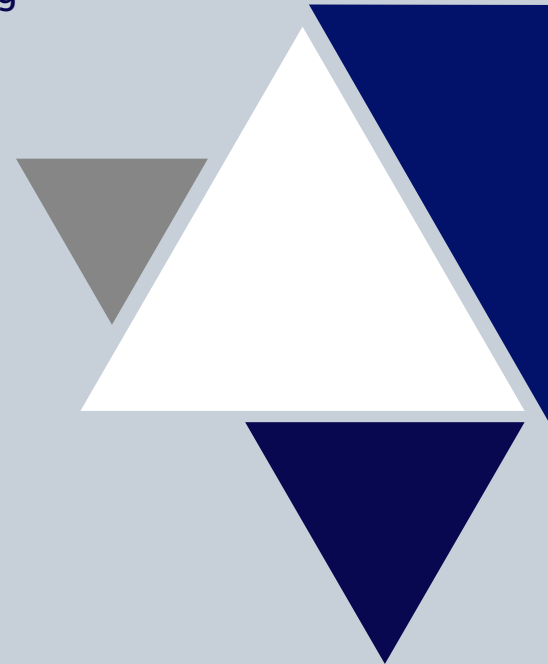
SESSION 1

Day 1

- Airway-Centric Dentistry
- Factors for normal and abnormal sleep & breathing
- Anatomy and upper airway
- Treatment options for obstructive sleep apnea
- Dentistry's role in sleep medicine
- Understanding oral appliance therapy
- Bite registrations for oral appliance therapy
- Introduction to home sleep studies

Day 2

- TMJ exam, upper airway evaluation
- Correlation of OSA and medical disorders
- Screening and team member roles
- Hands-on history, exam & workup
- Intro to medical billing
- Dental sleep medicine toolkit
- Q&A / Next steps for Monday



**LIMITED TO 20
PARTICIPANTS**



**HANDS-ON EXAMS
& VISIT WORKFLOW**



**RECEIVE 2 CUSTOM
APPLIANCES**

**FRIDAY-SATURDAY
SEPT 30-OCT 1**

SESSION 2

Day 1

- Bruxism, TMJ and the interrelationship with SDB
- Managing side effects of OAT
- Understanding treatment failures
- Sleep disordered breathing in women
- Pediatric Airway, growth and development, early intervention
- Understanding the role of the nasal passage

Day 2

- Marketing you sleep practice/ building relationships
- Transcending AHI
- Process of appliance delivery & titration of OA
- Hands-on: Appliance delivery and fitting/adjustment visit.
- Discuss student cases 1



**EVIDENCE-BASED
LITERATURE
DISCUSSIONS**



**MULTI-
DISCIPLINARY
FACULTY**



**PEDIATRIC AIRWAY &
MYOFUNCTIONAL
THERAPY**

SESSION 3

Day 1

- Communication techniques for higher case acceptance
- Managing patients with both OSA and TMD
- Long term follow up care
- Introduction to myofunctional therapy
- Building collaboration networks
- Hands-on follow-up visits

Day 2

- Comprehensive treatment strategy
- In-depth polysomnogram and HST
- Dental sleep medicine practice growth
- Practice management and medical billing
- Case studies



**TMD FOR DENTAL
SLEEP MEDICINE**



**COMPREHENSIVE
TREATMENT STRATEGY**



**MEDICAL BILLING
FOR SLEEP APNEA**

**FRIDAY-SATURDAY
DECEMBER 9-10**

SESSION 4: ADVANCED REVIEW SESSION

- Previous session and topic review
- Discuss cases you have treated
- Review and interpret articles and research studies
- Planning for long-term dental sleep success
- Questions & Answers - Tying it all together



If you are looking to implement dental sleep medicine and airway treatment into your practice, or **5x your cases**, this is the program for you.



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or visit www.NiermanPM.com**

MEET THE SPEAKERS



Michael Gelb, DDS

- Diplomate of ABOP
- Co-Founder of AAPMD
- Practice limited to Dental Sleep Medicine and Craniofacial Pain



Anjoo Ely, DDS

- Diplomate of AADSM & ASBA
- Member of AAOP, ADA & MDA
- Practice limited to Dental Sleep Medicine



Rose Nierman, RDH

- Founder/ CEO Nierman Practice Management
- Most experienced & recognized educator in Medical Billing for Dentistry
- Makes medical billing fun and rewarding to learn



Steve Lamberg, DDS

- Diplomate of AADSM
- Member of AASM, AGD, and AACD
- Creator of the Lamberg SleepWell Oral Appliance

Sleep Physicians and other guest speakers
teach you the medical model of sleep apnea.

TESTIMONIALS



I would recommend this program to anyone interested in sleep, getting started in sleep, or who has attended previous courses and is looking for more didactic or clinical information for more real-world application of dental sleep medicine. It truly is an all-encompassing course that prepares you from point A to point Z to implement dental sleep.

- **Dr. Logan Clements**



I thoroughly enjoyed this session. Looking forward to learning more in future sessions.

Thank you for making it fun!

- **Dr. Shayna Zalec**



I have gained education, hands-on experience, and expertise from phenomenal speakers. One of the things I enjoyed the most is getting to work with the materials on colleagues and getting to see how sleep apnea treatment can help my patients.

- **Dr. Leigh Bennett**



JUPITER, FL

Create a memorable trip while you gain powerful knowledge from leading mentors in dental sleep medicine.



COURSE VENUE

Friday - Saturday: 8am - 5pm EST

Nierman Practice Management Learning Center

221 N Old Dixie Hwy #5,
Tequesta, FL 33469

- Ask about hotel recommendations

PRICE

(Price Includes All 4 Sessions)

Dentist | \$6995

Team Member | \$4995

**64
CEUs**

501 (c)6 non-profit,
AGD PACE Approved
through SCOPE
Institute

Implement dental sleep medicine through this comprehensive mini-residency program with leading educators and mentors that guide you to long-term success.

**RECEIVE \$1500 OFF YOUR
REGISTRATION**

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OFFER EXPIRES 4/30/22

**SPECIAL
OFFER**



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Approval of sleep medicine acceptance by
any regulatory authority or AGD endorsement
870/2020 to 7/31/2025
Provider ID# 90710

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